

# —KENORA— BOREALIS MOTHER'S DAY RUN

Proceeds Donated to  Kenora and Lake of the Woods  
Regional Community Foundation

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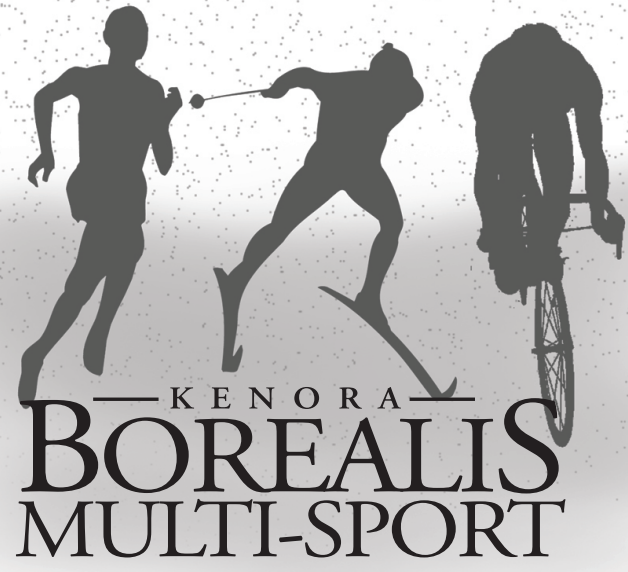


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mctaggarts



# MOTHER'S DAY RUN Sunday May 8, 2011

## IMPORTANT INFORMATION

**DATE:**  
Sunday, May 8, 2011

**10K COURSE:**  
Harbourfront to Keewatin & back

**REGISTRATION / CHECK-IN:**  
**NEW!** Haps on the Harbourfront  
8:30am - 9:30am

**5K COURSE:**  
Harbourfront to Anchor Inn & back

9:30 am - warm-up  
10:00 am sharp - race begins

**AWARDS CEREMONY:**  
At Haps on the Harbourfront,  
11:30 am (approx)

### HOW TO ENTER:

Mail registration to Mctaggarts,  
133 Main St S, Kenora ON, P9N 1T1 by **April 30**  
or Drop it off at Mctaggarts or Taggs/weekend Adventure **until May 7**

## The Entry Form

To enter, complete the form below, read & sign the waiver and return with appropriate fee to: McTaggart's or Taggs/Weekend Adventure

\*PLEASE BE SURE ALL INFORMATION SUPPLIED BELOW IS CORRECT

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Postal Code \_\_\_\_\_ Email \_\_\_\_\_

Your Age on Race Day \_\_\_\_\_ Male / Female

Daytime Phone \_\_\_\_\_

A Manitoba Runners Association event

### WAIVER

Read carefully before signing the acknowledgement

LIABILITY AND PUBLICITY RELEASE (failure to sign will delay process of your application) I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection will be provided, there may be traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running in this event including high heat and/or humidity and the conditions of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting this entry, I hereby for myself, my heirs, release and discharge Kenora Borealis, MRA and all persons and organizations associated with the operating of and the sanctioning of the race and the City of Kenora and the OPP, volunteers and any and all sponsors, including their agents, employees, assigns or anyone acting for or on their behalf from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever, howsoever caused, foreseen or unforeseen arising out of or in the course of my participation in this event. I hereby consent to receive medical treatment that may be deemed advisable in the event of injury, accident and/or illness during the Kenora Borealis Mother's Day Road Race. I hereby permit the free use of my name and pictures in the broadcasts, telecasts and the press as they pertain to the Kenora Borealis Mother's Day Road Race. I hereby grant full permission and authority to the race directors and sponsors and charity to use for any legitimate purpose and without payment of compensation, any photographs, motion pictures, video sound records of this event that in any way depicts my person. I hereby agree that in the event of a race cancellation due to storm, rain, inclement weather, high heat, winds, or other acts of God conditions, my enrollment fee shall be non-refundable.

I hereby certify that I am eighteen (18) years of age or older, I have read this document, and I fully understand its contents and, if I am less than eighteen (18) years at the time of the signing of this document, I certify that this document has been read, the contents understood and that this document has been signed by my parent or guardian.

Participants Signature \_\_\_\_\_ Date \_\_\_\_\_

## Race Categories

Check One

5K Run

10K run

5K Walk

\_\_\_\_\_

Check One

Youth

Adult

\_\_\_\_\_

Check One

Male

Female

\_\_\_\_\_

## Fees

Before May 7/11

Youth (17 & under) \$15

Adult (18 & over) \$25

\_\_\_\_\_

RACE DAY

Youth (17 & under) \$20

Adult (18 & over) \$30

\_\_\_\_\_

Fee Enclosed



Sorry, no refunds  
Cheques or Cash  
Make Cheques Payable to:  
KLWCF  
(you will be issued a charitable tax receipt)

## Award Winners

10K Male & Female 1st - 2nd - 3rd / 5K Male & Female 1st - 2nd - 3rd

Participation is allowed by people using strollers & wheelchairs. No bicycles, skateboards, rollerblades or rollerskates please.

## QUESTIONS?

Contact Janet Findlay at [kenorarunning@hotmail.com](mailto:kenorarunning@hotmail.com)